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I'll Be Home Soon: How To Prevent And Treat Separation Anxiety.



Synopsis

Figure out if your dog suffers from genuine separation anxiety or just bad manners. Then learn how to keep her happy and your home safe while our are gone. Better yet, learn to prevent problems in the first place!

Book Information

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Customer Reviews

I adopted a pit-mix from a shelter who had a SEVERE case of separation anxiety. All pitties love people (despite popular ignorance), but my girl literally could NOT be without people. Didn't matter who it was, she just couldn't be alone (even with another dog present). I was at my witts end after mutiple classes, training sessions, and very unhappy neighbors. This book finally turned the corner with helping me understand what was going on. I bought it at 3:00am one night in a panic off (with overnight shipping). It was easy to read and very helpful. It taught me what true separation anxiety was, and what it was not. I had a case of true separation anxiety. I would highly recommend this book. Below are my personal best tips below on separation anxiety and how we overcame it together (I now have the best, sweetest doggie ever!). These are in the book as well. BUY IT - it will help you, and you need the full background and ALL tips to understand what will work best for your dog (this is just what turned the corner for us).1. Make your comings and goings uneventful and routine. Commit to practicing leaving the house for intervals of 5, 10, 30, 60 SECONDS (yes, that's right, seconds) until you are working up to 2 hours successfully. The research is right - if you can get up to 2 hours successfully alone, you are on your way.2. Give your pup extra special treats when you are leaving the house. Frozen kong stuffed with salmon treats and banana, and a hollowed out bone filled with wet dog food and frozen worked well for us. She only gets this when I leave the

house and we finally have the reaction the research said to look for - "they will be happy for you to leave because they know they are getting their special treat". This only works for food motivated dogs however.³.

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